**Ear ache**
Garlic oil capsules can be purchased at the chemist or healthfood store.  We pierce a capsule and squeeze the oil into the ear.  We don't put the capsule in the ear!  Letting the garlic oil drip out of the capsule into the ear canal works well for us, even on quite severe ear pain.  We have to lie down on our side to apply the oil.  It doesn't burn our ears and it achieved excellent relief for our young children's ears too. We heard of people trying to use raw garlic or garlic juice that they squeezed out of a raw garlic and they put this juice on their skin and severely blistered their skin.  *It is our belief that no-one should EVER put raw garlic or garlic juice into their ear or onto their skin as it can blister the skin and cause ulcers!!!* The garlic oil from the chemist in the capsules is already very diluted usually with vegetable oils, so these do not burn or irritate our ears. We don't recommend anyone making their own garlic oil without knowing how to preserve it properly as it can cause botulism - very scary indeed! <http://www.theolivepress.com/blog/entry/be-aware-of-the-risks-of-botulism-with-homemade-garlic-infused-oil/>

If garlic oil capsules are not available, we hold a raw clove of garlic between our back teeth and gentle squeeze a little of the juice out now and again.  This helps not only the ears, but also infected tonsils.

If no garlic is available, we will cut a raw onion in half and gently heat it in a saucepan of warm water.  We don't cook the onion, just heat it till it is starting to wilt.  Then we let it cool down until it is warm.  We wrap the warm half onion in a chux/cheesecloth/nappyliner and place it over the aching ear of the child (who is laying down on their side).  We don't know why this works, but it always seems to work, even on the children.

**DISCLAIMER**

**Information on this site and in this article is not intended to diagnose, treat, cure or prevent disease.**

**A decision to use/not use this information is the sole responsibility of the reader.**

**Please see your doctor or health care professional for medical evaluation.**